

The Rugby Site – AAC Rugby Coach Summit - Schedule

Saturday – Aug 22nd

Time	Activity	Venue
8:00 - 8:30 AM	Arrive, registration, and coffee	Lobby
8:30 - 8:45 AM	Welcome and introduction Lead – Phil	Indoors
8:45 - 9:45 AM	Leadership Workshop - Coaches Lead – Phil Key outcomes: Understand your coach capability – your coaching style	Indoors
	Player Program Introduction - Players Lead – Aaron Key outcomes:	Indoors
9:45 - 10:45 AM	Game based Decision Making - All Understanding the game decisions within your team approach Lead – Adriaan Key Outcomes: Understanding the principles of play, determining your ‘right’ playing style	Clubroom
11.00 - 11.30 AM	Profiling your Team - All Lead –Adriaan/Rusty/Aaron Key Outcomes: Developing the player, individual decision making, importance of communication in decision making	Clubroom
11.45 – 12.30 PM	Creative Ideas for Skill Development – Senior and Academy Group Lead – Rusty Key outcomes: Understand different ways to develop individual skill in a modified game environment:	Pitch
	Run Catch Pass Fundamentals – Youth and High School Group and Player Group Lead – Aaron Key outcomes: How to develop fundamental individual and unit skills	Pitch
12:30 - 1:30 PM	Lunch	Clubhouse
1:30 - 2:15 PM	Identifying the Game based Decisions – Senior and Academy Group and Player Group Lead – Rusty Key Outcomes: Developing the player, individual decision making, importance of communication in decision making	Pitch
	Understanding your Coach Role – Youth and High School Group Lead – Aaron Key Outcomes: Understanding how your communication and behaviour influences player performance	Pitch
2:30 – 3.15 PM	Run Catch and Pass in Reality – Senior and Academy Group and Player Group Lead – Adriaan Key Outcomes: Developing the player, individual decision making, importance of communication in decision making	Pitch
	Preparing for Contact – Youth and High School Group and Player Group	Pitch

	Lead – Aaron Key Outcomes: Developing players' confidence and technique to go into contact	
3:30 - 4:15 PM	Leadership topic – Why do we coach the way we do? Lead – Adriaan/Rusty/Aaron Key outcomes: Understanding how our coaching is influence by our experiences and how they can be changed	Indoors
4.15 – 4.30 PM	Debrief	Indoors
5.30 – to late	Game, Drinks and dinner	Clubroom

Sunday Aug 23rd

Time	Activity	
8:15 - 8:45 AM	Coffee & Day 2 briefing	Clubroom
8:45 - 9:15 AM	Day 1 Debrief - All Lead –	Indoors
9:15 - 10.00 AM	Leadership Topic - all Lead – Phil Key outcomes: Understand you coaching flexibility	Pitch or indoors
10:15 - 11:00 AM	Problem Solving – Senior and Academy Group and Player Group Lead – Rusty Key Outcomes: Identify the skill requirements, understand train the Skill not the Drill	Pitch
	Run Catch Pass Fundamentals Applied – Youth and High School Group and Player Group Lead – Aaron Key outcomes: How to extend the fundamental individual and unit skills into game like situations	Pitch
11:15 - 12:00 PM	Catch and Pass – How the Skill Fits into your Attack Structure – A Licence Lead – Adriaan Key outcomes: Understand how the individual skill component fits into a game element	Pitch
	Preparing for Contact Applied – Youth and High School Group and Player Group Lead – Aaron Key Outcomes: How to extend the fundamental individual and unit skills into game like situations	Pitch
12:00 - 12:15 PM	Morning Session debrief	Clubroom
12:15 - 1:15 PM	Lunch – presenter engagement	Clubroom
1:15 – 2:00 PM	Speciality Session – All Lead – TBC Key outcomes: TBC	Pitch
2:15 - 3:30 PM	Building your Attack Structure (Decision making) – Senior and Academy Group and Player Group - Putting your Attack Structure under pressure Lead – Adriaan/Rusty Key outcomes: Apply individual decision-making and skill execution demonstrated to date in game-like situations, understand the role of communication in effective decision-making	Pitch
3:30 - 4:00 PM	Review your Team’s Decision Making and Profiling - All Lead – Adriaan/Rusty Key outcomes: Has your approach to team profiling and game approach changed	Indoors
	Player Group Review – Players Lead – Aaron	Indoors

	Key outcomes:	
4:00 – 4:30PM	Final debrief and closing address	Indoors