

The Rugby Site – RD Coach Summit Program - Schedule

Friday Evening – Aug 28th

Time	Activity	Venue
5:30 - 6:00 PM	Arrive and refreshments – venue TBC	Indoors
6:00 – 6.45 PM	Leadership Workshop – A Licence Lead – Phil Key outcomes: Understand your coaching style	Indoors
7:00 – 7.45 PM	Periodisation – A Licence Lead – Rusty Key outcomes: Understand how to structure and review your season	Indoors
8:00 – 8.45 PM	Why do we coach the way we do? – A Licence Lead – Adriaan/Rusty/Aaron/Curtis Key outcomes: Understand why you coach I the manner you do and how to improve your coaching approach	Indoors

Saturday – Aug 29th

Time	Activity	Venue
8:00 - 8:30 AM	Arrive, registration, and coffee	Lobby
8:30 - 8:45 AM	Welcome and introduction Lead – Phil	Indoors
8:45 - 9:30 AM	Leadership Workshop - All Lead – Phil Key outcomes: Understand your coaching ‘Why’, Sharing of ideas, creating a safe environment	Indoors
9:45 - 10:45 AM	Building your Team Approach - All Identifying the parts according to your players using the Principle of Attack Lead –Adriaan/Rusty/Aaron/Curtis Key Outcomes: Understanding the principles of play - attack, determining your ‘right’ playing style, the game decisions within your team approach	Indoors
11.00 - 11.30 AM	Profiling your Team - All Lead –Adriaan/Rusty/Aaron/Curtis Key Outcomes: Developing the player, individual decision making, importance of communication in decision making	Indoors
11.30 – 12.30 PM	Lunch	TBC
12:30 - 1:30 PM	Creative Ideas for Skill Development – All Lead – Rusty Key outcomes: Understand different ways to develop individual skill in a modified game environment	Pitch
1:30 - 2:15 PM	Run Catch Pass Fundamentals - Community Coaches Lead – Curtis Key outcomes: fundamental individual and unit skills	Pitch
	Problem Solving – A Licence Lead – Rusty Key Outcomes: Identify the skill requirements, understand train the Skill not the Drill	Pitch
2.30 - 3:15 PM	Run Catch Pass in Reality - A Licence Lead – Adriaan Key outcomes: Fundamentals of a type of catch pass, developing individual and unit skills	Pitch
	Principles of Phase Defences – Community Coaches Lead – Aaron Key outcomes: Understand how to create a phase defence, including player roles and responsibilities	Pitch
3:30 - 4:15 PM	Understanding the Game Performance - All Lead – Phil/Adriaan/Rusty/Aaron/Curtis Key outcomes: How to understand what is happening on the pitch and plan for improvement. How to train	Indoors
4.15 – 4.30 PM	Debrief	Indoors
5.30 – to late	Drinks and dinner	TBC

Sunday April 30th

Time	Activity	
8:15: - 8:45 AM	Coffee & Day 2 briefing	Indoors
8:45 - 9:15 AM	Day 1 Debrief Lead – Phil	Indoors
9:15 - 10.00 AM	Leadership Topic – Building Team Culture - All Lead – Phil Key outcomes: Understanding what team culture is, why it is important and how to build a success team/organisational environment	Indoors
10:15 – 11:00 AM	Building your Attack Structure – All Lead – Adriaan Key Outcomes: Identifying the parts of your build, understanding the required roles	Pitch
11:15 - 12:00 PM	Defence Tracking – Community Coaches Lead – Aaron Key outcomes: Understand the principles of tracking - how a defender tracks an attacking player. Understand the skills required from tracking a static to moving target	Pitch
	Catch and Pass – How the Skill Fits into your Attack Structure – A Licence Lead – Adriaan Key outcomes: Understand how the individual skill component fits into a game element	Pitch
12:00 – 12:15 PM	Morning Session debrief	Indoors
12:15 - 1:15 PM	Lunch – presenter engagement	Indoors
1:15 – 2:00 PM	Catch and Pass Applied – Community Coaches Lead – Curtis Key outcomes: Understand how the individual skill component fits into a game element	Pitch
	Training your Team Attack - A Licence Lead – Adriaan/Aaron Key outcomes: Understand the requirements to train the development of a successful attack according to your team profile, Co-creation, co-coaching, and communication	Pitch
2:15 - 3:30 PM	Building your Attack Structure P3 (Putting the structure under pressure) - All Lead – Adriaan/Aaron/Curtis Key outcomes: Apply individual decision-making and skill execution demonstrated to date in game-like situations	Indoors/Pitch
3:30 - 4:00 PM	Review your Team's Profile - All Lead – Adriaan supported by all presenters	Indoors
4:00 – 4:30PM	Final debrief and closing address	Indoors

