

The Rugby Site – AAC Rugby Coach Summit - Schedule

Saturday – Aug 22nd

Time	Activity	Venue
8:00 - 8:30 AM	Arrive, registration, and coffee	Lobby
8:30 - 8:45 AM	Welcome and introduction Lead – Phil	Indoors
8:45 - 9:45 AM	Leadership Workshop - All Lead – Phil Key outcomes: Understand your coach capability – your coaching style	Indoors
10:00 - 10:45 AM	Game based Decision Making - All Understanding the game decisions within your team approach Lead – Adriaan Key Outcomes: Understanding the principles of play, determining your ‘right’ playing style	Clubroom
11:00 - 11:30 AM	Profiling your Team - All Lead –Adriaan/Pien/Vuga Key Outcomes: Developing the player, individual decision making, importance of communication in decision making	Clubroom
11:45 - 12:30 PM	Creative Ideas for Skill Development – All Lead – Adriaan Key outcomes: Understand different ways to develop individual skill in a modified game environment	Pitch
12:30 - 1:30 PM	Lunch	Clubhouse
1:30 - 2:15 PM	Identifying the Game based Decisions – Senior and Academy Group and Player Group Lead – Adriaan Key Outcomes: Developing the player, individual decision making, importance of communication in decision making	Pitch
2:30 – 3.15 PM	Defence Fundamentals –Youth and High School Group and Player Group Lead – Pien Key Outcomes: Understand the principles and roles within a phase defence structure	Pitch
	Preparing for Contact – Senior and Academy Group and Player Group Lead – Vuga Key Outcomes: Developing players’ confidence and technique to go into contact	Pitch
3:30 - 4:15 PM	Leadership topic – Why do we coach the way we do? Lead – Adriaan/Pien/Vuga Key outcomes: Understanding how our coaching is influence by our experiences and how they can be changed	Indoors
4.15 – 4.30 PM	Debrief	Indoors
5.30 – to late	Drinks and dinner	Clubroom

Sunday Aug 23rd

Time	Activity	
8:15: - 8:45 AM	Coffee & Day 2 briefing	Clubroom
8:45 - 9:15 AM	Day 1 Debrief - All Lead – Adriaan	Indoors
9:15 - 10.00 AM	Leadership Topic - All Lead – Phil Key outcomes: Understand you coaching flexibility	Indoors
10:15 - 11:00 PM	Speciality Session – Bridging the Gap – All Lead – Thomas Muldoon Key outcomes: Understanding how referees view the game and what they look for during a game at different levels	Pitch
11:15 - 12:00 PM	Defence Fundamentals – Senior and Academy Group and Player Group Lead – Pien Key Outcomes: Understand the principles and roles within a phase defence structure	Pitch
	Preparing for Contact – Youth and High School Group and Player Group Lead – Vuga Key Outcomes: Developing players' confidence and technique to go into contact	Pitch
12:00 - 12:15 PM	Morning Session debrief	Clubroom
12:15 - 1:15 PM	Lunch – presenter engagement	Clubroom
1:15 – 2:00 PM	Run, Catch and Pass Reality – How the Skill Fits into your Attack Structure – All Lead – Curtis Key outcomes: Understand how the individual skill component (different passes) fit into different game elements	Pitch
2:15 - 3:30 PM	Building your Attack Structure (Decision making) – All - Putting your Attack Structure under pressure Lead – Adriaan/Pien/Vuga/Curtis Key outcomes: Apply individual decision-making and skill execution demonstrated to date in game-like situations, understand the role of communication in effective decision-making	Pitch
3:30 - 4:00 PM	Review your Team's Decision Making and Profiling - All Lead – Adriaan/Pien/Vuga/Curtis Key outcomes: Has your approach to team profiling and game approach changed	Indoors
4:00 – 4:30PM	Final debrief and closing address	Indoors